

FRAM *at* HOME

Nº 13



Framlingham
Covid-19 Response
Newsletter

but not alone



Delivered to your door by the Covid Response Team as part of our efforts to support individuals and families self isolating during the pandemic

Carry On - Doctor! Normal health services resume

Covid-19 admissions to Ipswich Hospital fell to just three in the first week of August. Hospitals have now cut back on ward areas used for Coronavirus patients, and they have re-started elective operations. They are keen for people to contact their GP's if they have non Covid symptoms. While GP appointments remain largely by phone, except if there is a clinical need for an examination, the new message is consult

your doctor for any health issues, just as you would normally have done. If you are worried about your health - call the Framlingham Medical Practice: 01728 723626



BBC photo:
Carry on Doctor - Hattie Jacques, Kenneth Williams & Frankie Howerd

let's get talking...

Our 'Cocoon' Volunteers are here to help you. They are part of a great network of support for everyone in Framlingham - we will be able to help all those who need it.

...and keep in touch!

“My very elderly mother was whisked into A&E at 3am on a Saturday after a fall - a broken collarbone and a bad bump on the head, both quickly diagnosed, and physio assessment done by Sunday. We were about to visit, when a negative Covid test result came back so quickly it meant she was already on her way home after only one night. Impressed by how much normal services have returned!”

Framlingham Support

FRAM RESPONSE TEAM - for your Cocoon Volunteer, and advice. See our website with lots of other helpful info at:

www.framlingham.com

email: support@framlingham.com

phone: 01728 720183

HOOR COMMUNITY is the one to contact for deliveries of food, medicines & transport - contact them at: **admin@hourcommunity.co.uk**
phone: 01728 440511

MEALS ON WHEELS
phone: 01728 440522

FRAM MEDICAL PRACTICE
phone: 01728 723626

NHS - for medical help go to the **online service: 111.nhs.uk**
for emergencies - phone: 999

WORRY TREE are there for people suffering from anxiety/worries
phone: 01728 440533

SUFFOLK FAMILY FOCUS SUPPORT offer weekly telephone service to any struggling families -
phone: 07920 088660 or 07880 149865

SOCIAL/PERSONAL CARE
First call your own care provider, if that fails email **CUSTOMER FIRST**
customer.first@suffolk.gov.uk

Only phone if it is a social care crisis:

ref adults: 0800 917 1109

ref children: 0808 800 4005